

**State of California  
Office of Administrative Law**

**In re:**  
State Athletic Commission

**Regulatory Action:**

**Title 04, California Code of Regulations**

**Adopt sections:** 299  
**Amend sections:** 297, 300  
**Repeal sections:**

**NOTICE OF APPROVAL OF EMERGENCY  
REGULATORY ACTION**

**Government Code Sections 11346.1 and  
11349.6**

**OAL Matter Number: 2016-0608-02**

**OAL Matter Type: Emergency (E)**

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This emergency rulemaking action by the State Athletic Commission adopts and amends sections in title 4 to provide safer weigh-in procedures, allow Commission-appointed ringside physicians to test athletes for signs of dehydration, and prohibit the use of intravenous therapies to regain hydration after a weigh-in.

OAL approves this emergency regulatory action pursuant to sections 11346.1 and 11349.6 of the Government Code.

This emergency regulatory action is effective on 6/15/2016 and will expire on 12/13/2016. The Certificate of Compliance for this action is due no later than 12/12/2016.

Date: June 15, 2016



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Nicole C. Carrillo  
Attorney

For: Debra M. Cornez  
Director

Original: Andy Foster  
Copy: Sophia Cornejo

NOTICE PUBLICATION / REGULATIONS SUBMISSION

# EMERGENCY

(See instructions on reverse)

For use by Secretary of State only

STD. 400 (REV. 01-2013)

OAL FILE NUMBERS	NOTICE FILE NUMBER	REGULATORY ACTION NUMBER	EMERGENCY NUMBER
	Z-		2016-0608-02E

For use by Office of Administrative Law (OAL) only

NOTICE	REGULATIONS
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**ENDORSED - FILED**  
in the office of the Secretary of State  
of the State of California

JUN 15 2016  
1:58 PM

2016 JUN -8 P 1:45  
OFFICE OF ADMINISTRATIVE LAW

AGENCY WITH RULEMAKING AUTHORITY  
California State Athletic Commission

AGENCY FILE NUMBER (if any)

**A. PUBLICATION OF NOTICE (Complete for publication in Notice Register)**

1. SUBJECT OF NOTICE		TITLE(S)	FIRST SECTION AFFECTED	2. REQUESTED PUBLICATION DATE
3. NOTICE TYPE <input type="checkbox"/> Notice re Proposed <input type="checkbox"/> Regulatory Action <input type="checkbox"/> Other		4. AGENCY CONTACT PERSON	TELEPHONE NUMBER	FAX NUMBER (Optional)
OAL USE ONLY	ACTION ON PROPOSED NOTICE		NOTICE REGISTER NUMBER	PUBLICATION DATE
	<input type="checkbox"/> Approved as Submitted	<input type="checkbox"/> Approved as Modified	<input type="checkbox"/> Disapproved/Withdrawn	

**B. SUBMISSION OF REGULATIONS (Complete when submitting regulations)**

1a. SUBJECT OF REGULATION(S) Weighing Time, Dehydration and Rehydration, and Time for Examinations	1b. ALL PREVIOUS RELATED OAL REGULATORY ACTION NUMBER(S)
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2. SPECIFY CALIFORNIA CODE OF REGULATIONS TITLE(S) AND SECTION(S) (Including title 26, if toxics related)	
SECTION(S) AFFECTED (List all section number(s) individually. Attach additional sheet if needed.)	ACTION
	ADOPT 299
	AMEND 297, 300
TITLE(S) 4	REPEAL

3. TYPE OF FILING

<input type="checkbox"/> Regular Rulemaking (Gov. Code §11346)	<input type="checkbox"/> Certificate of Compliance: The agency officer named below certifies that this agency complied with the provisions of Gov. Code §§11346.2-11347.3 either before the emergency regulation was adopted or within the time period required by statute.	<input type="checkbox"/> Emergency Readopt (Gov. Code, §11346.1(h))	<input type="checkbox"/> Changes Without Regulatory Effect (Cal. Code Regs., title 1, §100)
<input type="checkbox"/> Resubmittal of disapproved or withdrawn nonemergency filing (Gov. Code §§11349.3, 11349.4)	<input type="checkbox"/> Resubmittal of disapproved or withdrawn emergency filing (Gov. Code, §11346.1)	<input type="checkbox"/> File & Print	<input type="checkbox"/> Print Only
<input checked="" type="checkbox"/> Emergency (Gov. Code, §11346.1(b))		<input type="checkbox"/> Other (Specify)	

4. ALL BEGINNING AND ENDING DATES OF AVAILABILITY OF MODIFIED REGULATIONS AND/OR MATERIAL ADDED TO THE RULEMAKING FILE (Cal. Code Regs. title 1, §44 and Gov. Code §11347.1)

5. EFFECTIVE DATE OF CHANGES (Gov. Code, §§ 11343.4, 11346.1(d); Cal. Code Regs., title 1, §100)

<input type="checkbox"/> Effective January 1, April 1, July 1, or October 1 (Gov. Code §11343.4(a))	<input checked="" type="checkbox"/> Effective on filing with Secretary of State	<input type="checkbox"/> §100 Changes Without Regulatory Effect	<input type="checkbox"/> Effective other (Specify)
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6. CHECK IF THESE REGULATIONS REQUIRE NOTICE TO, OR REVIEW, CONSULTATION, APPROVAL OR CONCURRENCE BY, ANOTHER AGENCY OR ENTITY

<input type="checkbox"/> Department of Finance (Form STD. 399) (SAM §6660)	<input type="checkbox"/> Fair Political Practices Commission	<input type="checkbox"/> State Fire Marshal
<input checked="" type="checkbox"/> Other (Specify) <u>Awet Kidane, Director, Dept. of Consumer Affairs</u>		

7. CONTACT PERSON Sophia Cornejo	TELEPHONE NUMBER 916-263-2196	FAX NUMBER (Optional) 916-263-2197	E-MAIL ADDRESS (Optional) sophia.cornejo@dca.ca.gov
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8. I certify that the attached copy of the regulation(s) is a true and correct copy of the regulation(s) identified on this form, that the information specified on this form is true and correct, and that I am the head of the agency taking this action, or a designee of the head of the agency, and am authorized to make this certification.

SIGNATURE OF AGENCY HEAD OR DESIGNEE <i>Andy Foster</i>	DATE 6/8/16
TYPED NAME AND TITLE OF SIGNATORY Andy Foster, Executive Officer	

For use by Office of Administrative Law (OAL) only

**ENDORSED APPROVED**

JUN 15 2016

Office of Administrative Law

## California State Athletic Commission Order of Adoption

### **1. Amend Section 297 of Division 2, of Title 4 of the California Code of Regulations to read:**

#### **§ 297. Weighing Time.**

Contestants shall be weighed within ~~2430~~ hours of the scheduled match, at a time and place designated by the commission, in the presence of a commission representative on scales approved by the commission. A club may obtain advance written permission of the commission to allow preliminary boxers to weigh in and be examined not later than one hour before the scheduled time of the first match on the card. All weights shall be taken with the contestants stripped.

**NOTE:** Authority cited: Section 18611, Business and Professions Code. Reference: Sections 18640 and 18728, Business and Professions Code.

### **2. Adopt Section 299 of Division 2, of Title 4 of the California Code of Regulations to read:**

#### **§ 299. Dehydration and Rehydration.**

(a) Contestants shall only rehydrate orally. Use of intravenous therapies to rehydrate shall prohibit the athlete from competing.

(b) Contestants may be required to submit a urine specimen for a urine specific gravity test prior to competition to verify proper hydration.

**NOTE:** Authority cited: Section 18611, Business and Professions Code. Reference: Sections 18640, 18705, 18706, and 18707 and 18725, Business and Professions Code.

### **3. Amend Section 300 of Division 2, of Title 4 of the California Code of Regulations to read:**

#### **§ 300. Time For Examinations.**

A thorough physical and eye examination shall be given each contestant by the commission-appointed physician at least one hour before the contestant enters the ring to compete. The commission physicians shall test for signs of dehydration. Referees also shall be given physical examinations immediately before officiating at any match.

**NOTE:** Authority cited: Section 18611, Business and Professions Code. Reference: Sections 18640, 18705 and 18706, Business and Professions Code.